

Annual gifts are essential and needed at all times.

Planned giving provides another avenue for forward-thinking donors to make meaningful impact.



Visionary donors often wish to make an impact now and beyond their lifetimes. By remembering Carolina Resource Center for Eating Disorders in your will, trust, or other long-term plans, you will help support those struggling with eating disorders. If you don't have a will you can make one now, for free at www.freewill.com.

A planned gift can include the following:

Remembering CRC for ED in your will

Including CRC for ED in your will can be as simple as an online bequest added to your existing will as an amendment or codicil so you don't have to revise the entire document:

I hereby give to Carolina Resource Center for Eating Disorders, a not-for-profit organization located in Asheville, NC (tax ID number of 02-0739589), the following:

- The sum of \$_____ (amount) AND/OR
- _____% of the residue of my estate AND/OR
- The following described property _____

Giving appreciated stock or real estate

Donating real estate or appreciated securities is also a planned giving strategy. A residence, vacation home, farm, acreage, and securities may have appreciated in value over the years to the extent that the sale would result in a sizable capital gains tax. By donating these to CRC for ED you avoid or minimize capital gains taxes and could receive a charitable deduction for full fair market value from one to five years. Donors can also mitigate their tax implications by using property or assets with appreciated value to create a trust.

Designating CRC for ED as a beneficiary of your retirement plan or a life insurance policy

By naming CRC for ED as a full or partial beneficiary of your IRA, 401(k), or other qualified retirement plan, the residual that you designate from your plan passes to the institution tax-free after your death.

Donating life insurance is yet another way to leave a lasting legacy. You can either purchase a new policy or donate an existing policy you already own but no longer need. By designating CRC for ED as both the owner and beneficiary of the policy via the plan's beneficiary forms, you may be eligible for a tax deduction.

Creating an annuity or remainder trust to provide income and make a gift to CRC for ED

A charitable gift annuity is a contract that provides a fixed income stream for life in exchange for a donation to CRC for ED. You make a gift using cash, securities, or possibly other assets. In return, you become eligible to take a partial tax deduction for your donation, plus you receive a fixed stream of income from CRC for ED for the rest of your life.

A charitable remainder trust reduces your taxable income by first dispersing income to you or your beneficiaries for a specified period of time and then donating the remainder of the trust to CRC for ED.

Your compassion and generosity will leave a lasting legacy for you and your family as well as thousands in our community and beyond who will benefit from your gift.



If you would like more information please speak with your CPA, attorney, and/or financial advisor or contact CRC for ED's Executive Director, Simone Seitz at simone@crcfred.com