



Carolina Resource Center for Eating Disorders

Mutual Confidentiality Agreement and Acknowledgement of CRC for ED Family Support Group (FSG) Guidelines

Confidentiality is of utmost importance in all counseling and support groups. All group members must commit to confidentiality as a prerequisite to group participation. Commitment to this principle allows individuals to build trust and encourage members to share support and feedback with each other. This means that the identity of group members, as well as the nature and content of the group discussions, must not be discussed with anyone outside of the group.

Please indicate your acceptance of and compliance with this agreement and CRC for ED Guidelines, of which I have received, by signing below:

Name: _____

Date: _____

Optional Contact Information

Phone: _____

Email: _____

Mailing Address: _____

**We may call or send email to occasionally request feedback regarding the quality of FSG*

Additional Optional Information

How did you find out about FSG: _____

What is your relationship to the person affected by an eating disorder? (ie: mother, spouse, grandparent, teacher, friend, sibling, etc.): _____